

Chef's Fertures for the week of

SUNDAY: Carved Prime Rib*, Greek Baked Chicken*, Spanakopita, Roasted Vegetables*, Breakfast Scramble*, Biscuits & Gravy, Bacon*, Sausage Links*, Salad Bar*, Assorted Desserts (\$1 Mimosas) \$18

MONDAY: Chicken Fried Steak, Mashed Potatoes*, Chuckwagon Corn*, Italian Chicken Soup*, Salad Bar* (Chicken Salad*) \$14

TUESDAY: Pot Roast*, Carrots*, New Potatoes*, Gravy, Tomato Soup*, Salad Bar* (Apple Crunch Salad) \$14

WEDNESDAY: Nicoise Salad (Grilled Tuna, Egg, Green Beans, Potatoes, Tomatoes, Pickled Onion) on a bed of Greens*, Cioppino Soup*, Salad Bar* (Pasta Salad) \$14

THURSDAY: Liver and Onions, Mashed Red Potatoes*, Gravy, Homestyle Green Beans*, Pork & Cabbage Stew*, Salad Bar* (Kale & Berry Salad*) \$14

FRIDAY: Grilled Shrimp*, Linguine, Asparagus*, Crab Chowder*, Salad Bar* (Crab Salad*) \$14

SATURDAY: Loaded BBQ Baked Potato* (Chopped Brisket, Queso, Sour Cream, Green Onion) Baja Chicken Enchilada Soup*, Salad Bar*(Three Bean Salad*) \$14

SANDWICHES AND BURGERS

Include One side. Small Salad Bar is \$3 upcharge

CHARTER OAK BURGER: Half Pound Heart Brand Beef Patty. Bacon, choice of Cheddar, American, Swiss or Pepper Jack Cheese, Lettuce, Tomato, Onion & Pickles. Includes one side item. \$10 (Impossible Beyond Meat Burger Available)

REUBEN SANDWICH: Corn Beef, Swiss Cheese, Sauerkraut w/ Thousand Island Dressing on Grilled Rve Bread. Includes one side item. \$9

SOUTHWEST TURKEY MELT: Turkey, Cheddar Cheese, Green Chile, Tomato on Jalapeno Cheese Bread \$9

VEGGIE WRAP: Greens, Mozzarella, Tomato, Cucumber, Cabbage & Carrots with Choice of Dressing \$9

ALTERNATE SIDE OR À LA CARTE ITEMS

Asparagus* \$2

Soup of the Day \$3

Soup Bowl \$4

Baked* or Sweet Potato* \$2

Broccoli* **\$2**

Carrots* \$2

Corn* **\$2**

Green Beans* \$2

Sautéed Spinach*\$2

Fried Okra **\$3**

French or Sweet Potato Fries* \$3

Fruit* \$3

Mashed Potatoes & Gravy \$3

Onion Rings \$3

Small Salad Bar* \$3

Caeser Salad* \$3

*GLUTEN FREE

For Dinner Reservations contact the Concierge 8 a.m. to 3 p.m. at (918)346-6653 or concierge@trinitywoodstulsa.com Carry Out orders can be picked up between 4 p.m. to 4:30 p.m. or 6 p.m. to 6:30 p.m.



CHARTER OAK ENTREES

All Entrees Include Salad Bar, Soup and Choice of 2 sides.

HOURS LUNCH 11AM - 1:30PM DINNER 4:30PM - 7PM

SALMON: Seared Salmon Filet* (available Blackened)

Topped with Bruschetta \$14

FRIED SHRIMP: Six (6) Fried Shrimp with Cocktail Sauce

and Lemon \$14

CHAMPION CHICKEN: Grilled Chicken Breast* topped with Sauteed Onions, Tomatoes, Mushrooms and Mozzarella

Cheese \$14

CHICKEN TENDERS: Four (4) Crispy Breaded Chicken

Tender's Served with Dipping Sauce or Cream Gravy \$14

FILET MIGNON: 6 oz. Grilled Beef Tenderloin* Topped with

House Steak Butter \$16

STEAK DIANE: 2 Beef Medallions w/ Mushroom Sauce **\$16**

FARFALLE CARBONARA: Bacon, Mushrooms & Peas in a Light Cream Sauce, Farfalle Pasta, Grilled Chicken **\$14**

SALADS

HONEY SMOKED SALMON CAESER: Crisp Romaine

Lettuce, Croutons, Parmesan Cheese & Caeser Dressing \$9

MEDITERRANEAN SALAD: Greens, Chickpeas, Cucumber,

Tomato, Feta Cheese w/ Greek Vinaigrette \$9

CHICKEN TENDER SALAD: Romain Blend with Chicken Tenders, Bacon, Red Onion, Egg, Tomato, Cheddar Cheese Served on Romaine Lettuce (Grilled Chicken* Available) **\$10**

CRANBERRY PECAN CHICKEN SALAD: Romaine Blend with Chicken*, Candy Pecans, Cranberries, Strawberries and Goat Cheese. **\$9**

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