



Breakfast 8:00am-9:30am
Lunch 11:00am-1:00pm
Dinner 4:30pm-6:30pm

Items in Red are Gluten Free

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/24	3/25	3/26	3/27	3/28	3/29	3/30
Soup: Creamy Broccoli Entrée: Chicken Cordon Bleu Starch: Roasted Potatoes Veg: Carrots	Soup: Spring Vegetable Entrée: Honey Garlic Glazed Salmon Starch: Rice Pilaf Veg: Asparagus	Soup: Wild Mushroom Entrée: Chopped Brisket Sandwich Starch: Baked Beans Veg: Smoke House Green Beans	Soup: Tomato Basil Entrée: Lemon Piccata Shrimp Starch: Linguini Veg: Grilled Zucchini	Soup: Creamy Vegetable Entrée: Braised Pork Chop Starch: Mashed Potatoes & Brown Gravy Veg: Monaco Vegetables	Soup: Spinach & Bacon Entrée: Caprese Chicken Starch: Penne Alfredo Veg: Broccoli & Cauliflower	Soup: Italian Sausage & Vegetable Entrée: Stuffed Bell Pepper Starch: Cheesy Orzo Veg: Ratatouille
Soup: Tuscan Chicken Entrée: Spaghetti & Meatballs Starch: Garlic Bread Veg: Steamed Broccoli	Soup: Lemon Fennel Entrée: Pork Tenderloin Marsala Starch: Garlic Whipped Potatoes Veg: Buttered Peas	Soup: Ham & Bean Entrée: Hawaiian Chicken Starch: Coconut Rice Veg: Roasted Tomatoes	Soup: Italian Beef Stew Entrée: Stuffed Shells Florentine Starch: Bread Stick Veg: Italian Blend Vegetables	Soup: Asian Shrimp Entrée: Mongolian Beef Starch: Pad Thai Veg: Stir Fried Vegetables	Soup: Chicken & Rice Entrée: Beer Battered Cod Starch: Fried Potato Wedges Veg: Basil Buttered Squash	Soup: Beef & Noodle Entrée: Glazed Ham Starch: Wild Rice Veg: Roasted Carrots

Available Everyday at Lunch and Dinner

Quinoa Salad w/Cabbage & Kale GF -\$12

Shredded Cabbage & Kale tossed with Quinoa, Carrots and Red Onions in a Citrus Vinaigrette topped with Grilled Chicken

Grilled Dijon Salmon GF-\$14

Grilled Atlantic salmon topped with a Dijon Cream Sauce-\$14

Fried Chicken Tenders-\$12

Breaded Chicken tenderloin strips w/Pepper Gravy

Beef Medallion -\$16 GF

4oz Sliced Beef Tenderloin pan seared served w/Red wine Demi

Entrée comes with choice of two sides

Sides: Baked Potato, Sweet Potato, Mashed Potatoes & Gravy, Fries, Sweet Potato Fries, Fried Okra, House Chips, Steamed Spinach, Asparagus, Broccoli, Fried Green Beans, Vegetable of the Day

Soup-\$3

Bowl of Chili -\$4

Salad Bar -\$6

Deli Sandwich -\$8

Ham, Roast Beef or Turkey w/choice of cheese, lettuce and tomato (can sub grilled cheese)

The Cypress Burger -\$10

1/2lb angus patty grilled to order w/ lettuce, tomato, onion, pickle and choice of cheese

Crispy Chicken Sandwich -\$10

Breaded Chicken cutlet topped w/melted provolone cheese & Cranberry Mayo

Cuban Sandwich -\$10

Grilled Sandwich w/Roasted Pork, Sliced ham, pickles, Swiss Cheese and Mustard on Cuban Bread



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3/31	4/1	4/2	4/3	4/4	4/5	4/6
Soup: Ham & Pea Entrée: Creamy Potato Chicken Casserole Starch: Yeast Roll Veg: Green Beans	Soup: Leek & Potato Entrée: Grilled Mahi Mahi Starch: Basmati Rice Veg: Roasted Brussel's Sprouts	Soup: Enchilada Entrée: Taco Salad Starch: Borracho Beans Veg: Calabacitas	Soup: Chicken Artichoke Entrée: Lasagna Roll Carbonara Starch: Garlic Toast Veg: Tuscan Blend Vegetables	Soup: Beef & Lenitl Entrée: Punjabi Chicken on Naan Starch: Curried Rice Veg: Roasted Brinjal (Eggplant)	Soup: Broccoli & Cheese Entrée: Salisbury Steak Starch: Mashed Potatoes Veg: Farmers Green Beans	Soup: Chicken & Sausage Gumbo Entrée: Cajun Catfish Starch: White Beans Veg: Corn Maque Choux
Soup: Kielbasa & Kale Entrée: Philly Cheese Steak Starch: House Chips Veg: Fried Green Tomatoes	Soup: German Beer & Cheese Entrée: Pork Schnitzel Starch: Garlic Spaetzle Veg: Creamed Spinach	Soup: Mediterranean Shrimp Entrée: Chicken Salmoriglio Starch: Scalloped Potatoes Veg: Braised Red Cabbage	Soup: French Onion Entrée: Marinated Strip Steak Starch: Couscous Veg: Cauliflower Au Gratin	Soup: Smoked Pork & Corn Entrée: Coconut Shrimp Starch: Roasted Sweet Potatoes Veg: Snap Peas	Soup: Red Pepper Gouda Entrée: Garlic Crusted Pork Tenderloin Starch: Pasta Salad Veg: Balsamic Roasted Peppers	Soup: Sweet & Sour Soup Entrée: Beef & Broccoli Starch: Fried Rice Veg: Stir Fried Vegetables

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4/7	4/8	4/9	4/10	4/11	4/12	4/13
Soup: Steak & Potato Entrée: Trio Salad Starch: Pita Points Veg: Roasted Broccolini	Soup: Crab Bisque Entrée: Maple Glazed Pork Tenderloin Starch: Mushroom Risotto Veg: Zucchini	Soup: Italian Wedding Entrée: Garlic Oregano Tilapia Starch: Quinoa Pilaf Veg: Steamed Spinach	Soup: Tasso Ham & Okra Entrée: Blackened Chicken Starch: Broccoli Cheese rice Veg: Roasted Tomatoes	Soup: Ginger Carrot Entrée: Meatloaf Starch: Twice Baked Potato Casserole Veg: Green Beans	Soup: Hearty Vegetable Entrée: Penne Bake w/ Italian Sausage Starch: Breadstick Veg: Italian Blend Vegetables	Soup: Chili Pork Stew Entrée: Shrimp Scampi Starch: Linguini Veg: Squash & Zucchini
Soup: Creamed Cauliflower Entrée: Fried Chicken Starch: Mashed Potatoes & Gravy Veg: Sauteed Carrots	Soup: Chicken Tequila Entrée: Southwest Beef Casserole Starch: Charro Beans Veg: Fajita Vegetables	Soup: Spinach & Chickpea Entrée: Ravioli w/Turkey Meat Sauce Starch: Garlic Toast Veg: Vegetable Medley	Soup: Miso Duck Entrée: Mushroom Pork Starch: Egg Roll Veg: Stir Fried Vegetables	Soup: Roasted Poblano & Chicken Entrée: Fried Pollock Sandwich Starch: Macaroni Salad Veg: Roasted Brussel's Sprouts	Soup: Brisket & Onion Entrée: BBQ Chicken Starch: Baked Beans Veg: Buttered Corn	Soup: Sausage & Spinach Entrée: Chicken Fried Steak Starch: Mashed Potatoes & Gravy Veg: Country Green Beans

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Soup: 3 Sisters Entrée: Grilled Chicken Starch: Yeast Roll Veg: Spinach Salad	Soup: Minestrone Entrée: Parmesan Crusted Cod Starch: Roasted Potatoes Veg: Honey Garlic Glazed Carrots	Soup: Potato Entrée: Beef Tips Starch: Steamed Rice Veg: Broccoli	Soup: Garlic Parmesan & Chicken Entrée: Chili Cheese Coney Starch: House Chips Veg: Three Bean Salad	Soup: Roasted Tomato Entrée: Pulled Pork Starch: BBQ Beans Veg: Coleslaw	Soup: Corn Chowder Entrée: Cheesy Chicken & Rice Casserole Starch: French Roll Veg: Sautéed Zucchini	Soup: Beef & Barley Entrée: Popcorn Shrimp Starch: Cajun Pasta Salad Veg: Caesar Salad
Soup: Greek Chicken & Orzo Entrée: Pineapple Glazed Pork Tenderloin Starch: Saffron Rice Veg: Asparagus & Tomatoes	Soup: Taco Entrée: Chicken Enchiladas Starch: Black Bean & Corn Salad Veg: Mexican Roast Vegetables	Soup: Creamy Vegetable & Polenta Entrée: Spinach & Ham Frittata Starch: Cheesy Kielbasa & Hashbrown Casserole Veg: Mushrooms & Onions	Soup: Chuckwagon Stew Entrée: Dijon Turkey Starch: Buttered Noodles Veg: Peas & Carrots	Soup: Hot & Sour Soup Entrée: Asian Shrimp Salad Starch: Spring Roll Veg: Bok Choy	Soup: BLT Soup Entrée: Pot Roast Starch: Roasted Yukon Potatoes Veg: Green Beans	Soup: Asparagus & Quinoa Entrée: Pork Cutlet Starch: Dill Potato Salad Veg: Roasted Squash

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